



Healthy Relationships and Safe Sex Tips for Self-Advocates

by
Joe Meadours

- Have you dreamed of **falling in love**?
- Have you thought about getting **married**?
- Wanted a **boyfriend** or **girlfriend**?
- Have you wondered what **sex** was all about?
- Have you been **scared to have sex** with someone you love?

The **Healthy Relationships and Safe Sex - Tips for Self-Advocates** handbook will teach you how to have healthy friendships, romantic relationships and safe sex. This handbook is written by **Joe Meadours**, an accomplished self-advocate from Alabama.

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